

# MINDY MIRALIA

## AUTHOR – TEACHER – CHANGE AGENT



Mindy Miralia is a pioneer and adventurer, catalyst and change agent. Often referred to as an “edge runner,” she believes strongly in getting in front of opportunities to pave the way for the future. She is passionate about helping people find meaning in life, relieving unnecessary pain and suffering, and holding the space to help individuals make shifts in their lives that bring inner peace and personal transformation.

Mindy holds a BS in biology from the University of Houston and an MBA in finance from the University of Colorado. She paved the way for women in international business in the early eighties, opening the first international office for a division of Baker International in Singapore, with geographic responsibility for a network of agents covering the Pacific Rim as far as India and Thailand. She made her first trip to China in 1983.

In 1988 she became the first American female executive to work for a British bank in Dubai, United Arab Emirates. There she was responsible for Credit and Marketing for nine countries in the Middle East. She also served on the board of directors of the American Business Council, and frequently lobbied Congress for U.S. business interests abroad. As a volunteer, she taught business mathematics at the local women’s college.

Mindy evacuated Dubai shortly after the Iraqi invasion of Kuwait, and eventually relocated to Charlotte, North Carolina in 1992. With her extensive international experience and responsibilities, she quickly became a pivotal player in mergers and acquisitions during the years of financial services consolidations and, in her positions in Charlotte, she played an integral role as the city became the second largest banking center in the nation.

Not long after arriving in Charlotte, Mindy’s husband left unexplainably, and at age fifteen, her son became seriously involved in drugs. Mindy later learned her former spouse had early-onset Alzheimer’s. As a single mom who loved her son, she centered her personal life on understanding addiction and addictive illness. She sought out many alternative healing modalities in her quest to help her son. She studied with indigenous peoples worldwide and became a practitioner of energy medicine. She is a certified Spiritual Counselor, and is certified in numerous healing systems, including Reiki, ThetaHealing, and Reconnective Healing.

Tragically, her son died in 2011 at the age of 31 after a long struggle with heroin addiction. However, because of her lifelong extra sensory and mediumistic abilities, soon after his passing, Mindy and her son began a fascinating and transformational journey of healing together. The details of this healing process appear in her new book, *The Hero in Heroin* (release date early 2015), and her experiences helped her to develop the consciousness and content of the work she facilitates today.

Mindy is a master at integrating her life experiences, personal and professional, her passion, and her purpose to stand in service for humanity. She continues to pursue the vision of conscious evolutionary development to bring healing to a new level.

She lives in Charlotte with her current husband, Rock, and their dog, Harmony, who is a frequent hospice visitor as part of Mindy’s work with Hospice & Palliative Care Pet Therapy.

For information and booking, contact [speaker@eternea.org](mailto:speaker@eternea.org)

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### **SHORTER BIO**

Mindy Miralia, M.A. is a pioneer and adventurer, catalyst and change agent. She is passionate about helping people find meaning in life, relieving unnecessary pain and suffering, and holding the space to help individuals make shifts in their lives that bring inner peace and personal transformation. She paved the way for women in international business in the early eighties, working in Singapore, India, Southeast Asia, China, and the United Arab Emirates. After moving back to the U.S., her teenaged son became involved with drugs. Despite attempts for over a decade to heal and recover, he died in 2011 after a long struggle with heroin addiction.

After he died, Mindy began a fascinating and transformational journey of healing with her son—across the veil. Her experiences are discussed in her book, *The Hero in Heroin*, and their mutual path to transformation serves as an illustration for the soul work she facilitates today. Her vision is to help bring healing to a new level through conscious evolutionary development.